

# Coupons 4 Food Pantries

This coupon enables the bearer the knowledge that you have done something to help others less fortunate than yourself. With the current state of the economy, you can do something simple that can make a huge impact on everyday people who have hard times. One day the person you are helping can be there to help others. The more coupons you save means the more people that we can help.



## What We Do:

We take donated coupons and use them to purchase products for a food pantry at a discounted price. Many times using grocery stores which double coupons can help us get items for free or close to free.

## Our Adopted Pantry

Our adopted pantry is Centenary United Methodist Church. It is located in the Linden area of Columbus, Ohio. Below are some of their volunteers.



- Fast Facts:**
- This year we have been able to save over \$210 on groceries with our donated coupons.
  - That was a savings of over 33 %.
  - One in six Americans are food insecure. This includes one in four children.

We were able to get 10 tubes of toothpaste for free thanks to donated coupons.



## Thanks to Our Donors

- **Martina Jacobs**
- **Kristin Niceswager**
- **Hanna Wann**
- **Ellen Whitmer**
- **Joyce Whitmer**
- **Karen Sterba Wells**

## How Can You Help

You can send your clipped coupons to our PO Box at:

Coupons for Food Pantries  
PO Box 248247  
Columbus, OH 43224

[www.coupons4foodpantries.org](http://www.coupons4foodpantries.org)

Visit us on

